



Government of India  
Bhabha Atomic Research Centre  
Human Resource Development Division  
Training School, Anushaktinagar, Mumbai 400 094

Dr. M. Ramanamurthi  
Head OCES PI Section

Tel No: 2559 7603  
Fax No: 91-22-5594898  
Email: [mrmurthi@barc.gov.in](mailto:mrmurthi@barc.gov.in)  
27.03.2015

Work Order No. : BARC/HRDD/MR/2015/286

**SUB: SOFTSKILLS WORKSHOP FOR TSOS OF BARC TRAINING SCHOOL**

M/S Dale Carnegie Training  
Walchand Peoplefirst Limited  
5, Walchand Hirachand Marg,  
Ballard Estate, Mumbai- 400001.

Dear Sir,

Your proposal dated 3<sup>rd</sup> March,2015 for holding a Softskills workshop 'Executive Excellence Program' for TSOs of BARC Training School is accepted on behalf of the President of India subject to the details given below and Terms and Conditions:

| Scope of Work   | Rate                   | Amount                         |
|---|------------------------|--------------------------------|
| 3 day Soft Skills Workshop 'Executive Excellence Program' for 6 batches of Trainees | Rs. 66,875/- per batch | Rs. 4,01,250/- (All inclusive) |

**Other Terms**

1. Each day session to be of 8 hours duration excluding breaks
2. Sessions to be held for batches of 23-25 trainees per batch.
3. Sessions to be held as per proposal submitted by the agency.
4. Sessions to be held as per the dates decided by Head, HRDD during the months of April 2015.
5. HRDD to provide venue and infrastructure support such as seating a, boards and projectors for holding these sessions in Training School, Anushakti Nagar.
6. All other arrangements for materials and transport to be made by the agency.
7. Payment to be released on completion of the workshop.
8. PAN No. , VAT No. and service tax no. wherever applicable may be quoted in bills raised.
9. Income Tax @2% will be deducted from your bill.
10. Any delay attributable to M/S Dale Carnegie Training is liable for penalty @1/2 % per week ( max 5%).

**11. CONFIDENTIALITY CLAUSE**

(i) No party shall disclose any information to any third party concerning the matters under this contract generally. In particular, any information identified as "Proprietary" in nature by the disclosing party shall be kept strictly confidential by the receiving party and shall not be disclosed to any third party without the prior written consent of the original disclosing party.

(ii) Any contravention of the above mentioned provisions by any contractor, sub-contractor, consultant, adviser or the employees of a contractor would invite penal consequences under the aforesaid legislation.

(iii)The contractor or sub-contractor, consultant, adviser or the employees engaged by the contractor shall not use BARC's name for any publicity purpose through any public media like Press, Radio, T.V or Internet without the prior written approval of BARC.

डॉ. एम. रमणामूर्ति / Dr. M. Ramanamurthi  
अध्यक्ष, ओसीईएस योजना एवं कार्यालय अनुभाग  
Head, OCES Planning & Implementation Section  
मानव संसाधन विकास प्रभाग / HRD Division  
भा.प.अ.के. भारत सरकार / BARC, Govt. of India  
ट्राम्बे, मुंबई / Trombay, Mumbai-400 085

Yours sincerely,

(M.Ramanamurthi)

(For and on behalf of President of India)



Government of India  
Bhabha Atomic Research Centre  
Human Resource Development Division  
Training School, Anushaktinagar, Mumbai 400 094

Dr. M. Ramanamurthi  
Head OCES PI Section

Tel No: 2559 7603  
Fax No: 91-22-5594898  
Email: [mrmurthi@barc.gov.in](mailto:mrmurthi@barc.gov.in)

Work Order No. : BARC/HRDD/MR/17/747

28.04.2017

**SUB: SOFTSKILLS WORKSHOP FOR TSOS OF BARC TRAINING SCHOOL**

Dale Carnegie Training,  
Walchand People First Limited,  
5, Walchand Hirachand Marg,  
Ballard Estate, Mumbai- 400001.

Dear Sir,

Your proposal dated 28<sup>th</sup> February, 2017 for holding a Softskills workshop for TSOs of BARC Training School is accepted on behalf of the President of India subject to the details and terms and conditions below:

| Scope of Work   | Rate  | Amount   |
|---|---|--|
| 3-day Soft Skills Workshop 'Executive Excellence Program' for 6 batches of Trainees | Rs. 3,24,000/-<br>+ Rs. 48,600/-<br>(Taxes) | Rs. 3,72,600/- (Rupees Three Lakhs Seventy Two Thousand and Six Hundred only) inclusive of taxes |

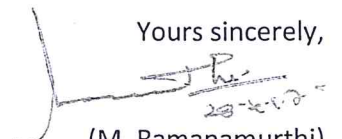
**Other Terms**

- Each day session to be of 8 hours duration excluding breaks
- Sessions to be held for batches of about 24 trainees per batch.
- Sessions to be held as per proposal submitted by the agency.
- Sessions to be held as per the dates decided by Head, HRDD during the period 15-20 May 2017.
- HRDD to provide venue and infrastructure support such as seating a, boards and projectors for holding these sessions in Training School, Anushakti Nagar.
- All other arrangements for materials and transport to be made by the agency.
- Payment to be released on completion of the workshop.
- PAN No. , VAT No. and service tax no. wherever applicable may be quoted in bills raised.
- Income Tax @2% will be deducted from your bill.
- Any delay attributable to M/S Dale Carnegie Training is liable for penalty @1/2 % per week ( max 5%).
- CONFIDENTIALITY CLAUSE**

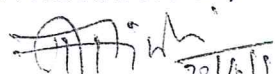
(i) No party shall disclose any information to any third party concerning the matters under this contract generally. In particular, any information identified as "Proprietary" in nature by the disclosing party shall be kept strictly confidential by the receiving party and shall not be disclosed to any third party without the prior written consent of the original disclosing party.

(ii) Any contravention of the above mentioned provisions by any contractor, sub-contractor, consultant, adviser or the employees of a contractor would invite penal consequences under the aforesaid legislation.(iii)The contractor or sub-contractor, consultant, adviser or the employees engaged by the contractor shall not use BARC's name for any publicity purpose through any public media like Press, Radio, T.V or Internet without the prior written approval of BARC.

Yours sincerely,

  
(M. Ramanamurthi)

(For and on behalf of President of India)

  
(A.P. Tiwari)  
Head, HRDD



Government of India  
Bhabha Atomic Research Centre  
Human Resource Development Division  
Training School, Anushaktinagar, Mumbai 400 094

Dr. M. Ramanamurthi  
Head, OCES PI Section

HRDD/MR/2017/SS/71A

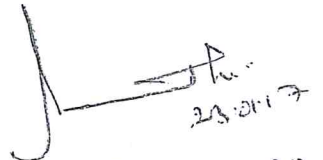
23.01.17

**Sub: Notice for inviting quotation for conduct of a 'Softskills Workshop' for Trainee Scientific Officers (TSOs) of BARC Training School**

Dear Sir

You are requested to submit your quotation in sealed envelope for the above mentioned work as per the enclosed specifications. The following may please be noted

- The reference no. given above should be clearly mentioned on the sealed envelope.
- The quotation should be on the official letterhead of your company.
- The quotation should include details of the programme providing the complete hourly schedule for the three day programmes and a topic wise description of the content to be covered.
- Quotation shall be complete in all respects regarding price, validity of the offer etc. and must reach the following address by **on or before 1500 Hrs. on 05.02.17.**
- The quotation should include the following information also.
  1. PAN No.
  2. VAT No.
  3. Service Tax Registration No.
- The Quotation should be forwarded by '**SPEED POST**' only.
- The Quotation should be valid for period of 90 days from the date of submission.
- The agency should be capable of meeting the specified norms and complying to the stipulated schedule for completion of the job.
- Please note that payment shall be released after completion and compliance with the requirements as per Annexure attached.

  
(M. Ramanamurthi)

Encl: Annexure-Specifications and Scope of Work

## SPECIFICATIONS AND SCOPE OF WORK FOR THE S

## WORKSHOP

A. SUGGESTED TOPICS TO BE COVERED

- Present a Positive Impression & Develop Self-Awareness
- Present Ideas & Achievements Clearly to Motivate Self & Others
- Build Credibility & Respect
- Putting Power in Presentations
- Accountability & Adaptability
- Initiative, Innovation & Creative thinking
- Communication & Interpersonal Skills
- Result Orientation
- Stress Management
- Team work & influencing skills
- Professionalism & Positive attitude
- Ethical Leadership
- Any other topic of relevance

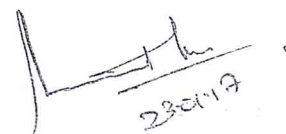
B. Duration

- The workshop to be conducted for six days in the first week of May, 2017.
- Trainee Scientific Officers (TSOs) to be divided into 6 batches of 24 students each
- Six batches to be completed in two phases of three batches each for three days each.

C. Requirements

- The program & trainers should possess ISO 9001 Certification for Product Development, Assessment & Measurement, Product Customization and Internal Consulting Systems.
- Any other accreditations may be also mentioned in the proposal submitted which shall be given due weightage.
- A customized participant's manual should be provided to each individual participant. ***A sample of the manual to be submitted with the quotation.***
- A certificate to be provided to each participant successfully completing the program
- A detailed assessment of the impact of the three day training to be provided at the end of the training using duly documented feedback mechanism from the TSOs.
- Detailed list of reputed clients to be provided

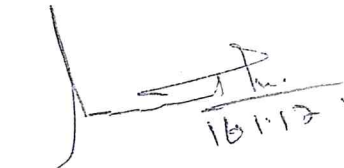
Note: Lecture Halls shall be made available at BARC Training School, Anushakti Nagar for conduct of workshop. All other material required for the conduct the workshop are to be provided by the agency contracted.

  
23/01/17

BHABHA ATOMIC RESEARCH CENTRE

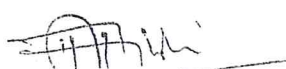
*Format for the Statement of Case (SoC) for Minor Fabrication*

1. Group/Department/Section initiating the SOC :- **Human Resource Development Division, KMG, BARC**
2. Brief Description of item(s)/~~fabrication~~ being proposed: **Conduct of a Soft Skills Workshop for the trainees of BARC Training School, Mumbai.**  
Nature of Fabrication –  
Any other (to be specified): **Workshop comprising a series of lectures and other related activities (as per detailed proposal attached)**
  - a) In case of up-gradation confirmation that issues of standardization and compatibility have been taken care of needs to be confirmed. **NA**
  - b) In case of replacement, the following information to be provided: **NA**
  - c) In case of fabrication of component or equipment state the date of guarantee period of equipment/machine. **NA**
  - d) Cost of original equipment and date of purchase. **NA**
3. Justification for items/~~fabrication~~: **The workshop on Softskills has been added to the curriculum of Trainees of BARC Training School. Best value can be derived by outsourcing this specialized task to professionals operating in this domain.**
4. Estimated Quantity and cost of proposal: details as per Annexure-A attached : **Yes/No**
5. Mode of tendering:- e-tender.
6. Availability and Source of funds:-  
From Revenue Budget (Indicate the Head of the Account): **3523**
7. Competent Financial Authority : Head of Division

  
(M. Ramanamurthi)

Officer initiating the proposal

Approved by: Head, HRDD

  
19.1.17  
**Dr. A. P. Tiwari**  
Head, Human Resource Development Division  
Government of India  
Bhabha Atomic Research Centre  
Training School, Anushaktinagar, Mumbai 94

## REQUIREMENT FOR THE SOFTSKILL WORKSHOP

### A. SUGGESTED TOPICS TO BE COVERED

- Present a Positive Impression & Develop Self-Awareness
- Present Ideas & Achievements Clearly to Motivate Self & Others
- Build Credibility & Respect
- Putting Power in Presentations
- Accountability & Adaptability
- Initiative, Innovation & Creative thinking
- Communication & Interpersonal Skills
- Result Orientation
- Stress Management
- Team work & influencing skills
- Professionalism & Positive attitude
- Ethical Leadership

### B. DURATION

- The workshop to be conducted for six days in the first/second week of April.
- Trainee Scientific Officers (TSOs) to be divided into 6 batches of 24 students each.
- Six batches to be completed in two phases of three batches- each for three days.

### C. REQUIREMENTS

- The program & trainers should possess **ISO 9001 Certification** for Product Development, Assessment & Measurement, Product Customization and Internal Consulting Systems.
- Any other accreditations may be also mentioned in the proposal submitted which shall be given due weightage.
- A customized participants manual should be provided to each individual participant.
- A certificate to be provided to each participant successfully completing the program.
- A detailed assessment of the impact of the three day training to be provided at the end of the training.
- Detailed list of reputed clients to be provided.

J  
16-11-20

## Annexure 'A'

### Format for Quantity and Cost of proposal

In Rupees

| 1     | 2  | 3   | 4                   | 5        | 6                                 | 7              | 8                |
|-------|--|-----|---------------------|----------|-----------------------------------|----------------|------------------|
| SI No | Name of items  | Qty | Last Purchase Price | DPS Rate | Market Survey/ Rate from Internet | Estimated cost | Total cost 3 X 7 |
| 1     | Softskills Workshop for TSOs of BARC Training School | 1   | Rs. 4,05,000/-      | NA       | Rs. 4,05,000/-                    | Rs. 4,05,000/- | Rs. 4,05,000/-   |

Basic cost = Rs. 4, 05,000/- (All inclusive)

Taxes, etc. = NIL

Transportation = NIL

Others = NIL

Total Estimated Cost = Rs. 4, 05,000/-

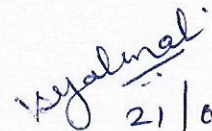
Note

1. Values in columns 4 to 6 are to be mentioned in terms of rate per unit
2. Value to be indicated in column 7 is to be derived by suitable analysis of rates mentioned in columns 4 to 6
3. Nomenclature of items to be used with details, drawing, scope of work etc to be indicated.

*[Handwritten signature]*  
16.11.94

**List of Soft skill workshops conducted at BARC Training School, Mumbai**

| No | Year<br>(TS Batch No.) | Workshop conducted by   | Work Order<br>ValueRs. | No. of<br>Participants | Conducted on       |
|----|------------------------|---|------------------------|------------------------|--------------------|
| 1  | 2015-2016<br>(59)      | M/s Dale Carnegie Training,<br>Walchand People First Limited<br>5, WalchandHirachand Marg, Ballard Estate,<br>Mumbai-400001<br>Contact no. 022 6781 8113                        | 4,01,250.00            | 143                    | 4 to 9 April, 2016 |
| 2  | 2016-2017<br>(60)      | M/s Dale Carnegie Training,<br>Walchand People First Limited<br>5, WalchandHirachand Marg, Ballard Estate,<br>Mumbai-400001<br>Contact no. 022 6781 8113                        | 3,72,000.00            | 133                    | 15 to 20 May 2017  |
| 3  | 2017-2018<br>(61)      | M/s. Vinsys IT Services Pvt. Ltd.<br>Tejas Society, Sr.No.28-11-12,<br>ShivajiNiketan,<br>Behind DhondibaSutar Bus Stand, Kothrud,<br>Pune- 411029<br>Contact no.20 25382807/43 | 2,15,232.00            | 93                     | 14-19 May 2018     |
| 4  | 2018-2019<br>(62)      | M/s. Image Consulting Business Institute,<br>302A/302B, Morya Blue moon,<br>3rd Floor, Andheri Link Road,<br>Andheri (West), Mumbai - 400053<br>Contact no.22 42041111          | 2,12,400.00            | 100                    | 8 -13 July 2019    |

  
 21/02/2020  
 श्रीमती (डॉ.) वृन्दा एस. येल्माली / Smt. (Dr.) Vrunda S. Yalmali  
 वैज्ञानिक अधिकारी ( ) / Scientific Officer ( )  
 मानव संसाधन विकास प्रभाग / HRDD  
 भाषाअके, भारत सरकार / BARC, Govt. of India  
 प्रशिक्षण विकासक, अणुसंशोधन, मुंबई-400 094.  
 Training School, Anushodhanagar, Mumbai-94



### **3rd International Yoga Day Celebrations – for healthy body, mind and soul**

Keeping with the tradition started a couple of years ago on the behest of Honourable Prime Minister of our country, Shri Narendra Modi, HRDD, BARC organised a yoga workshop for the first time at BARC Training School, Mumbai on the occasion of 3<sup>rd</sup> International Yoga Day, which comprised of a Yoga session for Trainee Scientific Officers, M.Tech and PhD students and a motivational lecture for M.Tech and PhD students of BARC on 21<sup>st</sup> June and 23<sup>rd</sup> June, 2017.

Yoga demonstration session started at 6.30 PM on 21<sup>st</sup> June in the Sports and Cultural Hall of Training School Hostel at Anushaktinagar, Mumbai.

The session started with an inaugural speech by Dr. B.K. Dutta, Dean, HBNI, the chief guest for the event, who spoke about yoga and how it benefits mankind. Other senior officers from BARC were invited as dignitaries to grace the occasion. Head, HRDD talked about the importance of yoga in daily life. Two experienced Yoga Instructors, Shri Vijay Raghavan and Shri Rishikesan, assigned by BARC Staff Club, Yoga Circle conducted the Yoga session for 70 participants, which included Shri S.K. Singh and Smt. Cicily of HRDD and Dr. VH Patankar of ED.


HRDD expresses sincere gratitude to Shri D.K. Dalal, Chairman, BARC Staff Club, Yoga Circle for facilitating the conduct of the Yoga demonstrations.

On 23<sup>rd</sup> June, extending the Yoga day celebrations, a motivational lecture on the 'Power of the sub-conscious mind' was conducted at BARC Training School for M.Tech and PhD students of BARC. About 30 participants benefited from this workshop.

A few photographs of the above sessions are enclosed.

### **International Yoga Day – A glimpse of the event**

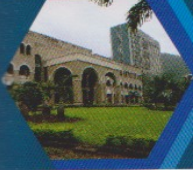


  
V. Lakshmi Narasimhan,  
HRDD, BARC



*V. Lakshmi Narasimhan*

V.LakshmiNarasimhan,  
HRDD, BARC



# दीक्षांत समारोह 2018 Graduation Function 2018

भापअ केंद्र प्रशिक्षण विद्यालय, मुंबई  
BARC Training School, Mumbai

## 4<sup>th</sup> International Yoga Day Celebrations at HRDD

HRDD, under the guidance and direct supervision of well-known Yoga experts, celebrated 4th International Yoga Day with fanfare and on a larger scale than in the previous years. The participants were all the TSOs of 61st batch of BARC Training School and HBNI PhD students.

The 1st session of about 2 hours mainly comprised short talks/ commentaries by the Yoga 'Gurus' about different aspects of Yoga and simultaneous demonstrative soft and moderate exercises/postures which were carried out by all the participants.

A very different and spiritual atmosphere prevailed in the 'Hall of Yoga' with all the participants putting heart & soul into the session. Participants reached a state of bliss, almost as though true disciplines were learning from the masters to become like them. It was a unique and uplifting experience for the participants and a befitting way to celebrate this event.

After a 20-minute break, there was 2nd session of the event was held at MP Hall, where the participants were first treated to 'songs and bhajans' programme by the organizers of this session. Then followed a session of "Naad Yoga". All the participants were seated on comfortable chairs to enjoy the yoga in the sleep mode.



HRDD wishes to thank profusely Shri D.K. Dalal, Smt. Namrata Kadam, Shri Hitesh Joshi, Shri Rahul Tripathi Dr. (Smt) Jyoti Tripathi, Shri M.P. Sharma and their expert associates for extending all the guidance and support to the successful organization of the Yoga Day at TSH. All members of BARC TS Sports and Cultural Committee – Kum. KaarunyaDhevi G., Shri Onkar Nath Sahu, Shri Apratim Gupta, Kum AartiChaaudhari, Shri TE Thomas, Shri Amal Raj VS, Shri Mayank, Shri V.K. Yuduvanshi, Kum Lata Bist, Shri Rizwan Ali and Shri Yudhbir made commendable contribution to the event. Special thanks are also due to Shri Hariharan Iyer AO-III, and Smt. Madhuri Dube, APO, TSH & NBH.

V.LakshmiNarasimhan,  
HRDD, BARC

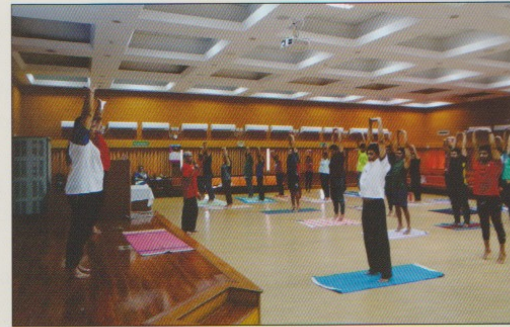
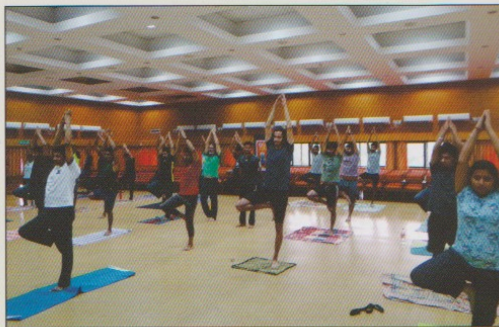
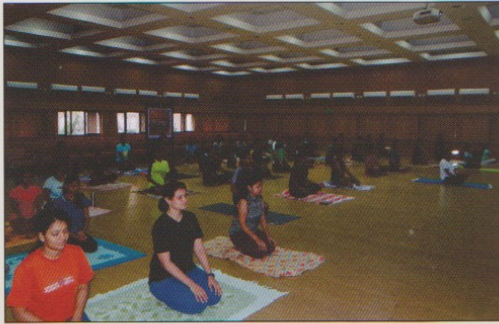
### 5<sup>th</sup> International Yoga Day Celebrations at HRDD

HRDD, under the guidance and direct supervision of qualified Yoga experts, celebrated 5th International Yoga Day. The target participants were all the TSOs of 62nd batch of BARC Training School and HBNI PhD students. Some of the HRDD personnel voluntarily participated in the event.

In order to maximize the benefit of Yoga, HRDD in collaboration with HBNI chose early hours of the Saturday (22nd June) instead of the actual date of 21st June for celebrating the International Yoga Day. Accordingly, all the participants were asked to assemble at 5:50am in the Multipurpose Hall (MP) of TSH. All the necessary arrangement for the smooth and orderly conduct of the entire programme were already put in place the previous evening.

The programme began with an inauguration of the International Yoga day celebration, wherein Dr. (Smt) Jyoti Tripathi and her ensemble rendered out very motivational and inspirational songs to the wonderfully composed music. The ensemble included a young school going girl and a few residents from within the colony. This activity had a transformational effect and the entire audience was transported into an enthralling and soul-stirring atmosphere. Dr. A.P. Tiwari, Head, HRDD, then welcomed all the participants along with the professional Yoga guests present on the occasion. This was followed by an address by Prof. P.D. Naik, Dean, HBNI.

Thereafter, professional Yoga experts from DAE Yoga circle who had been invited to help and guide the trainees and PhD students took over the reins to conduct the practical session of Yoga. During the session, there were 2



*V. Lakshmi Narasimhan*

V. Lakshmi Narasimhan,  
HRDD, BARC